

HYGIENE

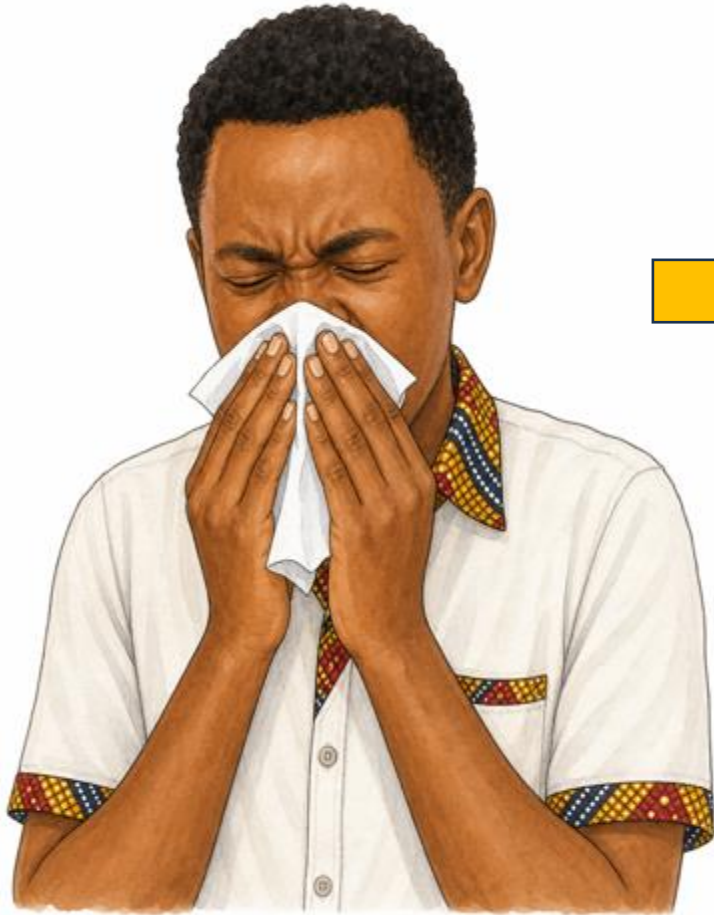


_What do you see?

Why is it important to wash your hands and when should you wash your hands?

Why is it important to use a latrine? What happens if you don't use latrine?

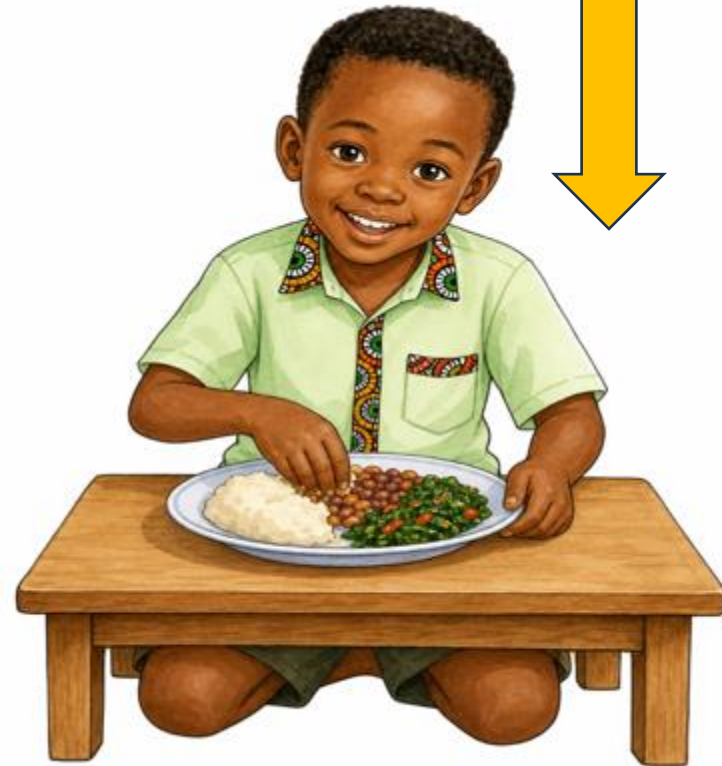
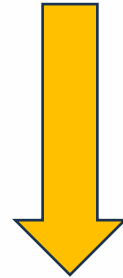
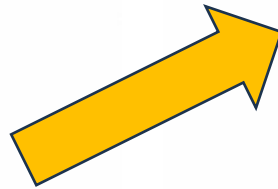
This lesson is on Hygiene.



When should you wash your hands?

What do you see in these pictures?

- When you sneeze, germs are on your hands.
- You can spread disease through a handshake.
- You should wash your hands thoroughly after sneezing.



When should you wash your hands?

What do you see?

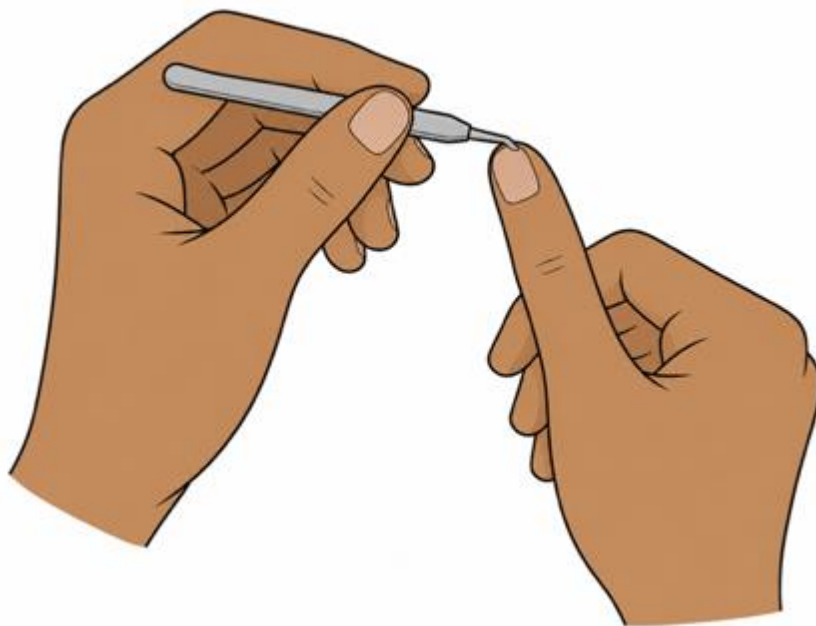
- After playing with a dog or other animals.
- You can spread disease to yourself when you don't wash your hands and then eat your dinner.



When should you wash your hands? .

What do you see in these pictures?

- The mother has used the latrine and then begins to prepare dinner for her family.
- Important to wash hands so infection is not spread to prepared food

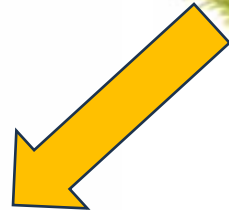
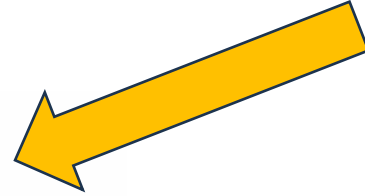
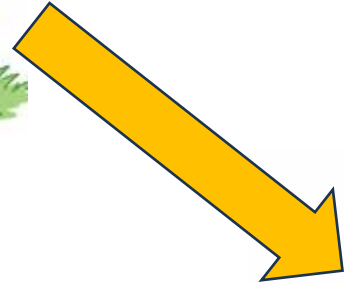
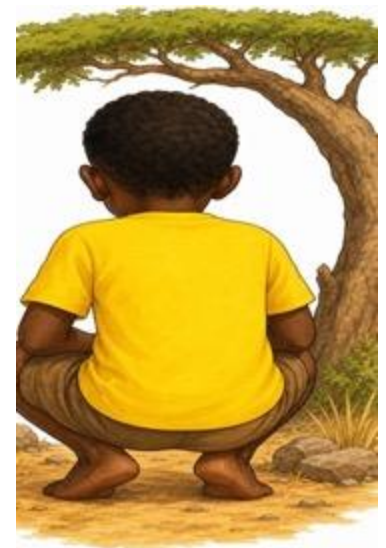
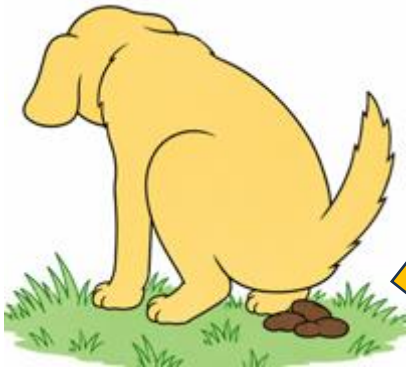


How do you clean your hands?

What do you see?

- Wash your hands with soap and water for 20 seconds. Hum “Happy Birthday” song twice.
- Using file, clean dirt from under fingernails.
- Don’t use the same bowl of soapy water to wash hands along with others.

Demonstrate handwashing using soap and water.

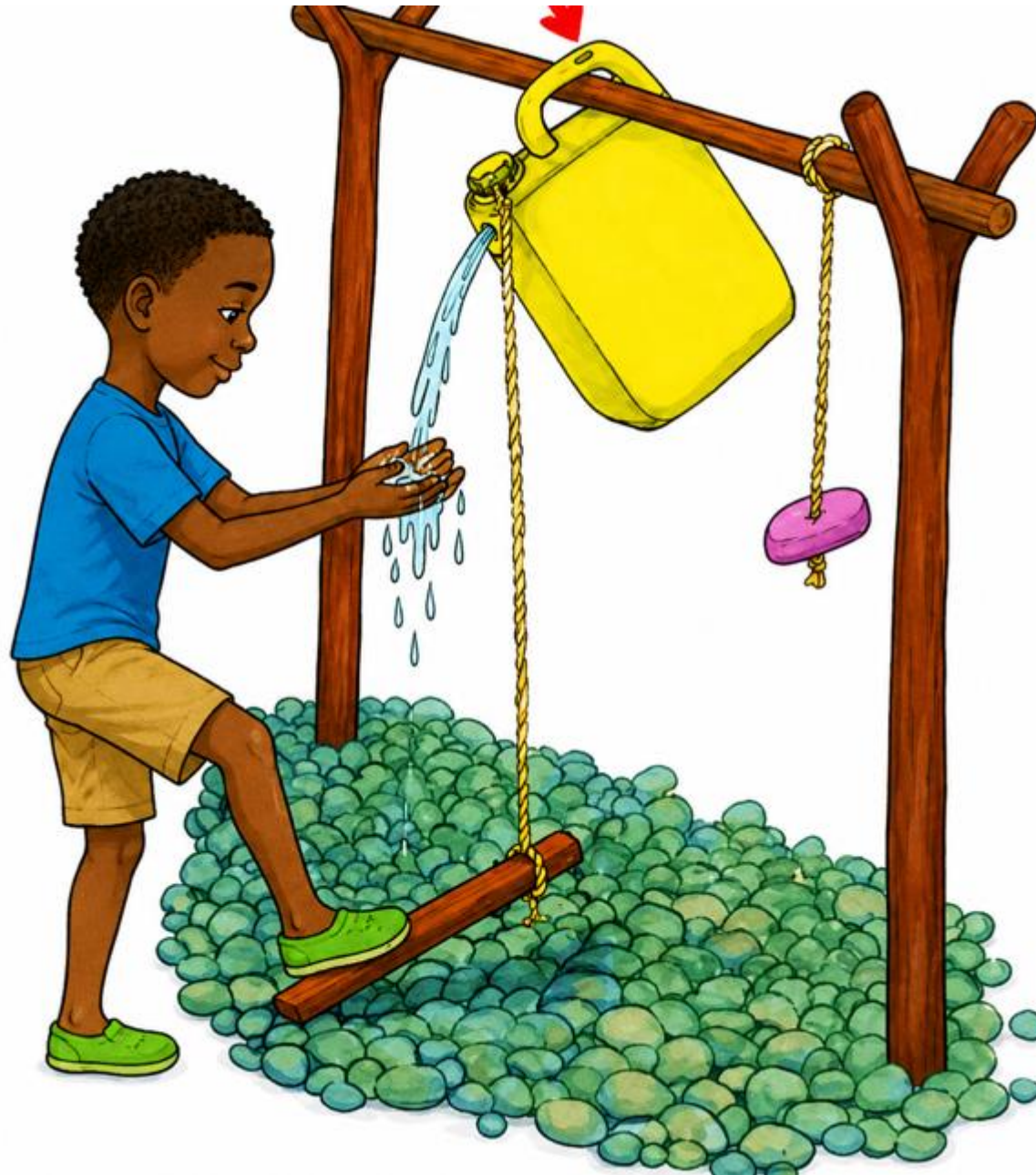


Why should you use latrine or bathroom?

What do you see?

Wait for answers about the meaning of the pictures.

- A boy and a dog defecate in the garden.
- A small boy is playing in the dirt and touches the poop.
- He puts in his mouth.
- Not long after, the boy becomes nauseous and then develops diarrhea.



Tippy
Tap

What is a Tippy Tap?

What do you see?

Made from locally available materials

Fill container with clean water.

Hang soap on cord so it doesn't go soft

Water is conserved.

Can someone describe how this works?

Can we make one this week ? (there's a picture book to show how)